

UNIVERSITY OF AGRICULTURAL SCIENCE AND VETERINARY MEDICINE CLUJ-NAPOCA

# FREE AND ENCAPSULATED PROBIOTIC CELLS VIABILITY AND THEIR EFFECT ON THE SENSORY PROPERTIES OF YOGHURT DURING STORAGE



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# LACTOBACILLUS CASEI STABILYTY IN FREE AND ENCAPUSLATED FORM IN YOGHURT

# **CONTENT**

- Objectives
- Materials and methods
  - o Encapsulation
  - o Viability of probiotics
- Results and discussions
- Conclusions

#### LACTOBACILLUS CASEI STABILYTY IN FREE AND ENCAPUSLATED FORM IN YOGHURT

### **OBIECTIVES**

- Encapsulation of *L. casei* in alginate and alginate/pectin and incorporation of lyophilized microspheres in yoghurt
- Determination of the pH dimanics in the yoghurt containing encapsulated (in alginate and alginate/pectin) and free *L. casei*
- Testing the viability of encapsulated probiotic cells over 35 days of storage at 4 °C

# LACTOBACILLUS CASEI STABILYTY IN FREE AND ENCAPUSLATED FORM IN YOGHURT

# **MATERIALS and METHODS**

Probiotic strain: Lactobacillus casei ATCC 393



- > Encapsulation using cross linking gelation: alginate with or without pectin
- Incorporation of the lyophilized microcapsules containing the probiotic in yoghurt
- The monitoring of physico-chemical properties of yogurt containing probiotic cells in free and encapsulated form with and without pectin
- Encapsulated probiotic survival test before and after storage at 4 °C over 35 days of storage



#### PROBIOTIC ENCAPSULATION PROCEDURE



# Cell viability of probiotic - colony

forming units (CFU) after encapsulation, coating, freeze-drying

**Survival** of probiotic cells - number of viable cells after certain treatments simulated gastrointestinal environment, storage under specific conditions.





# CARACTERISATION OF THE ALGINATE BEADS

- > Alginate beads  $1110.5 \pm 12.7 \,\mu m$
- > Alginate / pectin beads  $1201 \pm 4.3 \,\mu m$
- Alginate beads microscopy SEM



a)



Alginate beads containing *L. casei* amplification a) low (x100); b) high (x2000)



The pH kinetics of the yogurt containing *L. casei* free probiotic cells, respectively encapsulated in alginate matrix and alginate matrix / pectin

#### **RESULTS and DISCUSSION**



The survival of the probiotic *L. casei* encapsulated in **alginate matrix** in yogurt over a period of 35 days

The survival of the probiotic L. casei encapsulated in **alginate/pectin matrix** in yogurt over a period of 35 days

# CONCLUSION

- Yogurt with free and encapsulated (1.3 1.7 mm) L. casei in alginate and alginate/pectin was obtained;
- Dynamic acidification of yoghurt (48h) for freeL. casei, pH 5, 9H; encapsulated L. casei pH 5 after 25h;
- The decrease in viability was more pronounced after 15 days of storage, and after 35 days viable cell density has been doubled in *L. casei* encapsulated in alginate matrix / pectin compared to the encapsulated within the alginate matrix.

# **THANK YOU FOR YOUR ATTENTION!**









